



NEWSLETTER

LEISURE EDUCATION

March/April 2025



FOR EXCEPTIONAL PEOPLE

ENRICHING LIVES
THROUGH
INCLUSIVE
EDUCATION,
RECREATION, AND
HEALTHY LIVING
OPPORTUNITIES

WHAT'S INSIDE:

- Night Activities
- Bad Weather Reminder
- Special Events
- St. Patrick's Day Party!
- LEEP Legends Managers
- Spring Sports Information
- Activity/Sports Registration
- LEEP Pictures

March/April 2024

04
MAR

Birthday Bingo

Join us for another month of birthday bingo! As usual, there will be great prizes and lots of friendly competition! **You get in free if your birthday is in March! Be sure to tell us when you register!**
LEEP | 6:30-7:30 pm | Limit: 30 | Cost: \$10

06
MAR

Open Gym

Get active with us at open gym night! Basketballs, beach balls, pickleball and more will be available to get your body moving. Dress to be active, including wearing comfortable shoes and bring a water bottle.
LEEP | 6:30-7:30 pm | Limit: 15 | Cost: \$10

11
MAR

Prep for Party

Come help prepare for our St. Patrick's Day Party! We need your help making decorations for our party as well as making our dance party playlist!
LEEP | 6:30-7:30 pm | Limit: 20 | Cost: \$12

13
MAR

Jeopardy Fun & Snack

Join us for an awesome night with your friends at LEEP! Play some friendly Jeopardy created by our recreation leads. And enjoy a snack mix!
LEEP | 6:30-7:30 pm | Limit: 30 | Cost: \$14

20
MAR

National Day of Happiness

Show us why you bloom for happiness! Come make a flower craft and talk about what makes you happy with your friends!
LEEP | 6:30-7:30 pm | Limit: 25 | Cost: \$14

25
MAR

Walking Club

Join us for an easy low impact walk, it is a great way to get healthier! Plus, you can chat with all your LEEP friends while walking.
Madison East Center* | 5:00-5:45 pm | Limit: 15 | Cost: \$8
**(1400 Madison Ave) We will meet in the mall by Sadaka's Deli on the northeast side of the building.*

27
MAR

Popcorn & A Show

3

Enjoy a night out and unwind with your friends at LEEP! We will be watching a fun show using our NEW BIG SCREEN TV AND SOUND BAR while snacking on delicious hot popcorn. Bring your own water bottle!

LEEP | 6:30-8:00 pm (please note longer time) | Limit: 30 | Cost: \$10

01
APR

Birthday Bingo

Join us for another month of birthday bingo! As usual, there will be great prizes and lots of friendly competition! **You get in free if your birthday is in April! Be sure to tell us when you register!**

LEEP | 6:30-7:30 pm | Limit: 30 | Cost: \$10

03
APR

Karaoke Night

It's back! Singing along to all your favorite songs from the 80's, 90's and today! Make a request if you have a special song you want to sing! We will be using our BRAND NEW TV & SOUND BAR and you won't want to miss it!

LEEP | 6:30-7:30 pm | Limit: 25 | Cost: \$12

08
APR

Spring Craft Night

Get into the mood for spring!! Come make a spring craft with your friends at LEEP!

LEEP | 6:30-7:30 pm | Limit: 25 | Cost: \$14

10
APR

Volleyball in the Gym

Let's get active!! Practice your volleyball skills and play a friendly game at the end! Make sure to wear active gear and bring a water bottle!

LEEP Gym | 6:30-7:30 pm | Limit: 15 | Cost: \$10

15
APR

Spring Flower Cookie Decorating

Be sure to sign up right away for this popular activity, it fills up quickly! We will listen to music and decorate spring flower cookies while sipping on springtime lemonade. You will get to taste-test your cookies and take some home to give out to friends or family!

LEEP | 6:30-7:30 pm | Limit: 20 | Cost: \$14

17
APR

Walking Club

Time to move our bodies! Come walking around the mall with your LEEP friends! A good way to move our bodies and stay warm!

River Hills Mall* | 5:00-5:45 pm | Limit: 15 | Cost: \$8

River Hills Mall (1850 Adams St) We will meet in the mall by A&W restaurant.

March/April 2024

22
APR

May Day Baskets for MY Place

LEEP members will come together to make special May Day baskets for the children who come to MY Place. You can personalize a special note!

LEEP | 6:30-7:30 pm | Limit: 20 | Cost: \$10

24
APR

Popcorn & A Show

Enjoy a night out and unwind with your friends at LEEP! We will be watching a fun show while snacking on delicious hot popcorn, bring your own water bottle!

LEEP | 6:30-8:00 pm (please note longer time) | Limit: 30 | Cost: \$10

29
APR

Game Night

Play your favorite board game or try a new one. Game nights are always fun and popular so sign up soon!

LEEP | 6:30-7:30 pm | Limit: 20 | Cost: \$10

BAD WEATHER REMINDER

Decisions regarding program cancellations will typically be decided by 2:00 p.m. on the date of the scheduled event or 2 hours prior to practice for Special Olympics cancellations. LEEP follows Mankato Area Public Schools' winter weather policy and will automatically close/cancel if school is canceled due to weather. When possible, LEEP staff/volunteers will call registered participants to notify them of a cancellation in advance. Cancellation notices may also be posted on LEEP's social media accounts.

Please call the LEEP cancellation line at 507-387-5122 (option 3) and listen to the recorded message to learn whether or not an activity/event/program will be held. PLEASE NOTE: Voice messages left at this number will not be checked or returned.

LEEP requires that participants are properly prepared and dressed to participate in LEEP activities/events/programs. Participants should be dressed appropriately for the anticipated weather and have any other items they need to help keep them safe and healthy. In winter participants should be dressed in a winter jacket in addition to wearing winter boots, a scarf, mittens/gloves, a hat/earmuffs, etc. Layering of clothing is a good idea, especially during activities/events/programs that last for several hours or more.



MNSU MEN'S HOCKEY

**SATURDAY,
MARCH 1**

Cheer on the Minnesota State University, Mankato MAVERICKS Men's Hockey Team! Wear your purple and gold as they take on Bemidji State. Bring extra cash for concessions-suggested amount \$20. **If you will be bringing a staff member, please let us know when you register so we can get them a ticket.**

Address: Mayo Clinic Health System Event Center, 1 Civic Center Plaza, Mankato. If you are meeting us at the Civic Center, please be at the Box Office at 5:30 pm. Meet at LEEP Office, 1315 Stadium Rd—We will leave in the van at 5:15 pm SHARP and return to LEEP right after the game ends! If riding in the Van with LEEP:

Time: 5:15 – 9:15 pm (Puck drops @ 6:05 pm) | **Limit:** 10 | **Cost:** \$20

2025 Members
get in FREE!!

Happy St. Patrick's Day

Non-members
\$15

Here's to a day full of luck, laughter, and a little Irish magic. Join us in celebrating LEEP and St. Patrick's Day! There will be dancing, activities, snacks and more! Make sure to wear your green!

TUESDAY, MARCH 18, 2025
7:00 - 8:30 PM
1315 STADIUM ROAD
DOORS OPEN @ 6:45

MONDAY NIGHT *Dinner Out*

MC's Garage | Monday, March 24 | 5:30 pm – 7:00 p.m.

Let's check out MC's Garage's famous burgers! They have 11 burgers on the menu for you to try something new or stick with what you like!

Please make sure you bring at least \$25 for your dinner AND a tip!

Location: MC's Garage, 1861 Adams St | **Time:** 5:30 - 7:00 p.m. | **Limit:** 15 | **Cost:** \$14

Cinderella Play at MSU

FRIDAY, APRIL 11 / 7:00 - 9:00 PM

Join us for this timeless and magical classic for all ages as Cinderella dreams of a more beautiful life. This production will transport you to a world where dreams really do come true! With its timeless story, unforgettable characters, and uplifting message of hope, this magical production is certain to be lovely! If you will be bringing a staff member, please let us know when you register so we can buy them a ticket in our section.

Location: Ted Paul Theater on MSU Campus (320 Maywood Ave)

Time: 7:00 p.m. – 9:00 p.m. | Limit: 10 | Cost: \$35

(We will meet in the lobby. Cinderella starts at 7:30 pm.)

PIZZA DINNER NIGHT OUT

WEDNESDAY,
APRIL 23

Come enjoy some delicious hot pizza! Pagliai's Pizza serves the best pizza in town! Please make sure you bring at least \$25 for your dinner AND a tip!

Location: Pagliai's Pizza (524 S Front St)

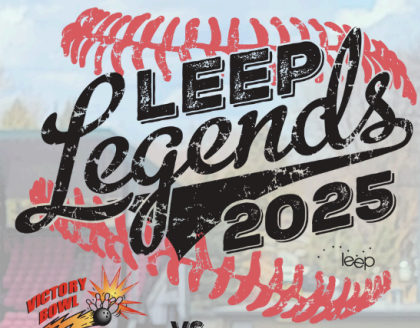
Time: 5:30-7:00 pm | Limit: 15 | Cost: \$14



LEEP LEGENDS 2025 TEAM MANAGERS

Join LEEP as a Team Manager at LEEP Legends 2025!

Call the LEEP office at 507-387-5122 if you are interested in having your name entered into a drawing for the manager positions. Team managers will be announced in April!



vs.



Thursday, July 17 @ ISG Field

SPECIAL OLYMPICS: SPRING SPORTS

BASKETBALL (Half-Court | Full-Court Unified if enough players)

Practice Dates: Mondays, March 3 – June 16

Time: 6:30 – 8:00 pm

Location: MY Place Gym (LEEP)

Wrap Party: Wednesday, June 25 @ LEEP @ 6:30 – 7:30 pm

Cost: \$150 includes staffing, jersey, and transportation to regionals
\$100 for state competition that includes transportation to state

Transportation for Practices: \$35 one-way | \$70 both ways

Regional Competition: Saturday, April 12 (times TBD)

Location: Gustavus Adolphus College, St. Peter

State Competition: Friday, June 20 @ 8:00 am-4:00 pm | Saturday, June 21 @ 9:00 am-5:00 pm | Sunday, June 22 @ 9:00 am-5:00 pm *Times do not include travel time to and from Mankato; Competition days & times TBD

Location: University of Minnesota Recreation and Wellness Center



Leisure Education for Exceptional People



**Special
Olympics**
Minnesota

SWIMMING

Practice Dates: Tuesdays, March 11 – June 17

Time: 5:30 – 7:00 pm after the first session an additional 45 minutes will be added to practices until April 1

Location: Mankato East High School pool

Wrap Party: Wednesday June 25 @ LEEP @ 6:30 – 7:30 pm

Cost: \$150 includes staffing, team t-shirt, and transportation to regionals, \$100 for state competition that includes transportation to state

Transportation for Practices: \$35 one-way | \$70 both ways

Regional Competition: Sunday, April 6 (times TBD)

Location: Rochester Recreation Center, Rochester, MN

State Competition: Friday, June 20 @ 8:00 am-4:00 pm | Saturday, June 21 @ 9:00 am-5:00 pm | Sunday, June 22 @ 9:00 am-5:00 pm *Times do not include travel time to and from Mankato; Competition days & times TBD

Location: University of Minnesota, Jean K Freeman Aquatic Center

TRACK & FIELD

Practice Dates: Wednesday, April 9 – June 18

Time: 6:30 – 7:30 pm

Location: Mankato East High School track & field

Wrap Party: Wednesday June 25 @ LEEP @ 6:30 – 7:30 pm

Cost: \$150 includes staffing, team t-shirt, and transportation to regionals, \$100 for state competition that includes transportation to state

Transportation for Practices: \$35 one-way | \$70 both ways

Regional Competition: Sunday, May 11 (times TBD)

Location: John Marshall High School, Rochester MN

State Competition: Friday, June 20 @ 8:00 am-4:00 pm | Saturday, June 21 @ 9:00 am-5:00 pm | Sunday, June 22 @ 9:00 am-5:00 pm *Times do not include travel time to and from Mankato; Competition days & times TBD

Location: University of Minnesota, Track & Field Stadium

X	CODE	DATE	ACTIVITY/EVENT	FEE
NIGHT ACTIVITIES				
	NA	3/4	Birthday Bingo	\$10
	NA	3/6	Open Gym	\$10
	NA	3/11	Prep for Party	\$12
	NA	3/13	Jeopardy Fun & Snack	\$14
	NA	3/20	National Day of Happiness	\$14
	NA	3/25	Walking Club	\$8
	NA	3/27	Popcorn and a Show	\$10
SPECIAL EVENTS				
	SE	3/1	MSU Men's Hockey Game	\$20
	SE	3/18	St. Patrick's Day Party	FREE/ \$15
	SE	3/24	Dinner Night Out	\$14
SPECIAL OLYMPICS				
	SO	3/3 start	Basketball	\$150
	SO	3/11 start	Swimming	\$200
	SO	4/9 start	Track & Field	\$150
2025 MEMBERSHIP				
Paperwork and payment before Dec 31, 2025				\$55
TOTAL AMOUNT DUE:				

X	CODE	DATE	ACTIVITY/EVENT	FEE
NIGHT ACTIVITIES				
	NA	4/1	Birthday Bingo	\$10
	NA	4/3	Karaoke Night	\$12
	NA	4/8	Spring Craft Night	\$14
	NA	4/10	Volleyball in the Gym	\$10
	NA	4/15	Spring Flower Cookie Dec	\$14
	NA	4/17	Walking Club	\$8
	NA	4/22	May Day Baskets - MY Place	\$10
	NA	4/24	Popcorn and a Show	\$10
	NA	4/29	Game Night	\$10
SPECIAL EVENTS				
	SE	4/11	Cinderella MSU Play	\$35
	SE	4/23	Dinner Night Out	\$14
SPECIAL OLYMPICS				
	SO	3/3 start	Basketball	\$150
	SO	3/11 start	Swimming	\$200
	SO	4/9 start	Track & Field	\$150
2025 MEMBERSHIP				
Paperwork and payment before Dec 31, 2025				\$55
TOTAL AMOUNT DUE:				

PLEASE NOTE THE LOCATION OF SPECIAL EVENTS AS WELL AS WHERE YOU'RE SUPPOSED TO MEET. LEEP STAFF MAKE EVERY EFFORT TO MAKE SURE THAT NO ONE IS LEFT BEHIND. IF THERE ARE QUESTIONS, PLEASE CALL THE LEEP OFFICE.

NAME: _____
PHONE: _____
ADDRESS: _____
CITY: _____
STATE: _____
ZIP: _____

To make sure you're signed up, please call the LEEP office (507-387-5122) and we will confirm your registration. You may bring the payment to the first activity you participate in each month. You may also drop off or mail your payment after we confirm your registration. **PLEASE NOTE: The U.S. Postal System has been extremely slow lately.**

MARCH 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ACTIVITY LOCATIONS: <u>LEEP</u> - 1315 Stadium Rd; Mankato <u>Madison East Center</u> - 1400 Madison Ave; Mankato <u>Mankato East High School</u> - 2600 Hoffman Rd; Mankato <u>MC's Garage</u> - 1861 Adams St; Mankato <u>Stillwater High School</u> - 5701 Stillwater Blvd; Oak Park Heights, MN <u>YMCA</u> - 1401 S Riverfront Dr; Mankato						¹ MSU Men's Hockey Mayo Clinic HS Civic Ctr 5:15 - 9:15 pm (meet @ LEEP @ 5:15; return to LEEP after game ends)
2	3 SO: Powerlifitng 3:00 - 4:00 pm @ YMCA SO: Basketball 6:30 - 8:00 pm @ LEEP Gym	4 NA: Birthday Bingo 6:30 - 7:30 pm @ LEEP	5	6 NA: Open Gym 6:30 - 7:30 pm @ LEEP	7	8 SO: Powerlifting State Times TBD @ Stillwater HS
9	10 SO: Powerlifting Wrap Party 3:00 - 4:00 pm @ YMCA SO: Basketball 6:30 - 8:00 pm @ LEEP Gym	11 SO: Swimming 5:30 - 7:45 pm @ East HS Pool NA: Prep for Party - Crafts 6:30 - 7:30 pm @ LEEP	12	13 NA: Jeopardy Fun & Snack 6:30 - 7:30 pm @ LEEP	14	15
16	17 Happy St. Patrick's Day! SO: Basketball 6:30 - 8:00 pm @ LEEP Gym	18 SO: Swimming 5:30 - 7:45 pm @ East HS Pool SE: St. Patty's Day Party 7:00 - 8:30 pm	19	20 NA: National Day of Happiness 6:30 - 7:30 pm @ LEEP	21	22
23	24 SE: Dinner Out @ MC's Garage 5:30 - 7:00 pm SO: Basketball 6:30 - 8:00 pm @ LEEP Gym	25 NA: Walking Club 5:00 - 5:45 pm @Madison East Ctr SO: Swimming 5:30 - 7:45 pm @ East HS Pool	26	27 NA: Popcorn & A Show 6:30 - 8:00 pm @ LEEP	28	29
30	31 SO: Basketball 6:30 - 8:00 pm @ LEEP Gym	OFFICE PHONE: 507-387-5122 EMAIL: INFO@MANKATOLEEP.ORG				

APRIL 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 SO: Swimming 5:30 - 7:45 pm @ East HS Pool NA: Birthday Bingo 6:30 - 7:30 pm @ LEEP	2	3 NA: Karaoke Night 6:30 - 7:30 pm @ LEEP	4	5
6 SO: Swimming Regionals Times TBD @ Rochester Rec Center	7 SO: Basketball 6:30 - 8:00 pm @ LEEP Gym	8 NA: Spring Craft Night 6:30 - 7:30 pm @ LEEP SO: Swimming 5:30 - 7:00 pm @ East HS Pool	9 SO: Track & Field 6:30 - 7:30 pm @ East HS Track	10 NA: Volleyball in the Gym 6:30 - 7:30 pm @ LEEP	11 SE: Cinderella @ MSU Ted Paul Theater @ 7:00 pm (play starts @ 7:30 pm)	12 SO: Basketball Regionals Times TBD @ Gustavus
13	14 SO: Basketball 6:30 - 8:00 pm @ LEEP Gym	15 NA: Spring Flower Cookie Decorating 6:30 - 7:30 pm @ LEEP SO: Swimming 5:30 - 7:00 pm @ East HS Pool	16 SO: Track & Field 6:30 - 7:30 pm @ East HS Track	17 NA: Walking Club 5:00 - 5:45 pm @ River Hills Mall	18	19
20 Happy Easter! 	21 SO: Basketball 6:30 - 8:00 pm @ LEEP Gym	22 NA: My Place May Day Baskets 6:30 - 7:30 pm @ LEEP SO: Swimming 5:30 - 7:00 pm @ East HS Pool	23 SE: Dinner Out 5:30 - 7:00 pm @ Pagliai's Pizza SO: Track & Field 6:30 - 7:30 pm @ East HS Track	24 NA: Popcorn and A Show 6:30 - 8:00 pm @ LEEP	25	26
27	28 SO: Basketball 6:30 - 8:00 pm @ LEEP Gym	29 NA: Game Night 6:30 - 7:30 pm @ LEEP SO: Swimming 5:30 - 7:00 pm @ East HS Pool	30 SO: Track & Field 6:30 - 7:30 pm @ East HS Track	ACTIVITY LOCATIONS: Gustavus Adolphus College - 800 W College Ave; St Peter LEEP - 1315 Stadium Rd; Mankato Mankato East High School - 2600 Hoffman Rd; Mankato Pagliai's Pizza - 524 S. Front St; Mankato River Hills Mall - 1850 Adams St; Mankato Rochester Rec Center - 21 Elton Hills Dr NW; Rochester Ted Paul Theater (MSU) - 320 Maywood Ave; Mankato		

HAVING FUN @ LEEP!



LEISURE EDUCATION FOR EXCEPTIONAL PEOPLE
1315 Stadium Rd, Ste. 101
MANKATO, MN 56001

**Non-profit
US Postage
PAID
Mankato, MN
56001
PERMIT #300**

RETURN SERVICE REQUESTED

ENRICHING LIVES THROUGH INCLUSIVE RECREATION,
SPORTING, AND HEALTHY LIVING OPPORTUNITIES.

PROUD PARTNER OF:



This newsletter is also available on the LEEP
website at www.mankatoleep.org

Editors: LEEP Team

BECOME A 2025 MEMBER programming with no limits

LEEP provides leisure education, recreation, and healthy living opportunities for people with intellectual and developmental disabilities. As a LEEP member, you'll have access to all the programs offered by LEEP, including night activities, special events, and Special Olympics. A yearly membership (January - December) is \$55. Drop off or send a check in the mail with "2025 Membership" in the memo line. Membership forms are available online as well.

JOIN LEEP TODAY!

**COMPLETE THE MEMBERSHIP FORM AND RECEIVE MEMBER BENEFITS!
MEMBERSHIP IS REQUIRED TO ATTEND LEEP EVENTS IN 2025!**

